## Avila Group 1970's-Present

The Avila Group started meetings in the attic of the old Post Office by the brothers Bob and Bud with 4 or 5 members in the 1970's.

During the Union Oil clean up 1999 to 2000 we met in the Avila School library on Avila Bay Drive and moved to the Avila Community Center at 191 San Miguel Street when it became available.

We hold our meetings in various locations within the Community Center depending on the community needs at the moment with a good mix of gender and age. We have about 40 members now.

We currently have a Wednesday Big Book Study at 7:00 PM, a Daily Reflections meeting on Saturday at 9:00 AM and an 11<sup>th</sup> Step Meditation meeting Sunday at 7:00 PM.

We open our meetings with the Serenity Prayer, readings of portions of Chapters 3 and 5 in the "Big Book" of <u>Alcoholics Anonymous</u> and the 12 Traditions. We close with the Serenity Prayer, or the 7<sup>th</sup> Step Prayer on Saturdays. The last Saturday of the month we celebrate Sobriety Birthdays with Cake and Coins (chips)

During the COVID crisis our building was closed and we were able to continue meeting online using Zoom. We were able to return to in-person meetings after the pandemic, but continued to have a zoom option for a while for those who could or would not attend in person.

We actively support the Central Office with our Central Office Representative and the District with our General Service Representative.

Please reply with additions or corrections to our District 22 web site Mail Box (d22aa.org)